

# THE JOY OF SHAKER CUPS!

A WORKSHOP BY CURT + THOM

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## GRIPS



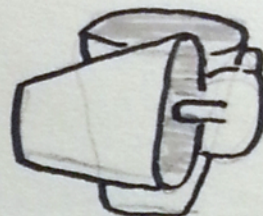
REGULAR



REVERSE



LIP



FINGER

## THROWS



VERTICAL



OUTSIDE



UNDERARM

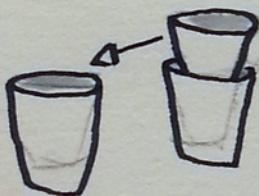
## TIPS

• WEAR EAR PROTECTION  
(NO, REALLY. EVEN NOISE  
ISOLATING HEADPHONES HELP.)

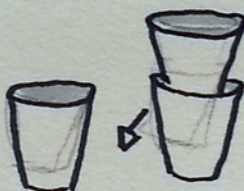
• DON'T BE A JERK.  
PRACTICE IN A FIELD,  
AWAY FROM PEOPLE. WAIT  
FOR YOUR ROOMMATES TO LEAVE  
TOWN. ETC.

• JUST LIKE WITH CLUBS, LEARN  
THE RELATIONSHIP BETWEEN HEIGHT  
AND SPIN EARLY!

## SLIDES



TOP



BOTTOM

## STALLS



SATELLITE



ARM



cup on cup